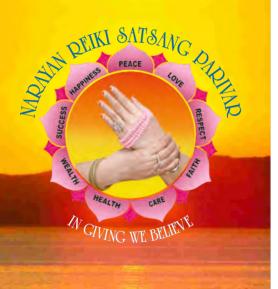
| Narayan Narayan |



Hamari Didi



Mrs. Rajeshwari Modi

Narayan Prayer

Early morning - Hold your left wrist with your right hand and say: -

Thank you, Narayan, for always being with us because of which today is the best day of our life filled with love, respect, appreciation and jackpots. Thank you, Narayan, with your blessing there is infinite energy and peace within us. Thank you, Narayan, for blessing us with abundant wealth which we utilize well. With your blessings, Narayan, every person, thing, place, circumstances, environment, time, wealth,

weather, transport, horoscope associated with us is favourable to us. We are blessed, we are lucky with Naravan's infinite blessings on us, blessings on us, blessings on us. Thank you, Narayan, our house is blessed with happiness, peace, prosperity and completely secure. We are successful in all spheres of life. We are positive in thoughts, words and deeds. We always speak truth and follow the right path. Thank you, Narayan for blessing us with seven types of Happiness. Thank you Narayan for granting us the boon of lifelong good health

because of which we are absolutely healthy. We are peaceful and joyous. Our mutual relationships are full of love and trust. We are happy and contented. Narayan, with your bleesings we are leading a sevenstar life and our golden period is going on and it is our firm belief that it will continue forever.

When you say this prayer, you will see that your life gets moulded according to the words you use in the prayer.

Shanti Kalash Meditation

Sit in a comfortable position Visualize a beautiful golden pot (kalash) full of peace on your crown chakra and visualise the peace and calm entering your body. Then say the following statement -

"Narayan aapka dhanyavaad hai, aapke ashirvaad se hamare bheetar aseem shanti hai, aseem shanti hai, aseem shanti hai."

("Thank You, Narayan, with your blessing, I am filled with infinite peace, infinite peace, infinite peace.")

Repeat this statement 14 times. Do this process four times a day (as you wake up, before lunch, before dinner and before you sleep).

Energizing Vaults (Tizoreees)

Energise your lockers, purses etc where you keep your money and valuables

Visualize your locker or the place where you keep money stacked with bundles of new notes of all denominations + a silver bowl filled with coins + iewelry and other valuables. Address it - "You are lucky for me. The wealth kept in vou prospers, whenever you go to fullfill their someone requirements, bless him with lots of prosperity (barkat badhautri) and come back to me in multiples. Say - I love you, like you, I respect you, Narayan bless you Then do Ram Ram 56.

This will attract prosperity.

Energizing the Dining Table/ Office table

Energize your dining table with Cho-ku-rei, LRFC, Shanti and lucky symbol with the intention that all the food prepared and kept on the table is prasad/ Sanjeevni which will bring good health.

Do Ram Ram 56

Sun Rays Meditation

Everyday pray to the golden sun rays which enter your house to spread in each and every corner of the house and bring with them abundant happiness, peace, prosperity, growth, joy, bliss, enthusiasm and health Sanjeevni.

You can ask for any other specific wish also. Visualize your home and family members getting blessed by sun rays.

This process has to be visualized for 5-10 minutes.

Do Ram Ram 56

Value Addition

Whenever you give anything to anyone, give it with the blessings of abundance. Give the message to that thing-"Whomsoever, you are going, please fill their lives with peace, prosperity and Happiness". And chant Ram Ram 21.

Easy prayer technique

Say the intention of your prayers and declare the name of the person for whom you are praying and chant "Narayan, bless him/her (3 times)." Chant "Ram Ram 21". Repeat this process 5 times.

Whatever happens, happens for Good

In all our scriptures it is emphasized that every moment blessing. Whatever happens, happens for good: whatever is happening. happening for good and whatever will happen, will happen for good. But Remember- The power of each and every moment is in the hands of only two persons either You or Narayan. If the situation is favorable then it means your wish prevails and if the situation is not in your favor then, it means Narayan's wish is prevailing and believe, when his wish prevails, it will always be good for you.

Samadhan Visiting Minutes

Choose and assign 17 1/2 minute from the entire day (according to your convenience). This time will be dedicated to resolve problems. Choose a corner, where you sit in solitude and ponder over the problems. Take a paper and pen and jot down your problems priority wise. Read the paper and you will realize that, some problems are insignificant and can be ignored. Some problems do not have immediate solutions hence can be reviewed later. Ultimately, we are left with only one or two problems on which we need to work and resolve. You will find that the problems in your life will start decreasing. because now you are focusing on solutions.



Start your day with Gratitude towards Narayan.



Everyday do something, which brings smile on someone's face.



II Narayan Narayan II



Narayan Mantra

I love you

**
I like you

**
I respect you



II Narayan Narayan II



Make the magical words '**Sorry**' And '**Thank you**' an integral part of your vocabulary.





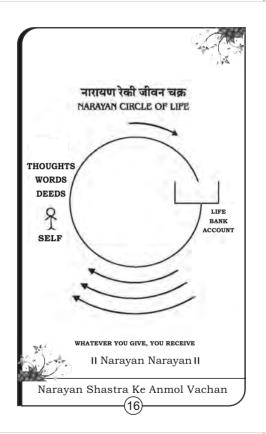
II Narayan Narayan II



Every person in our life is our own choice so consider every person in your life as your well wisher.



II Narayan Narayan II





We are born so that we can evolve.



We are entitled to a healthy body, mind and wealth. These can easily be achieved by leading an honest life.



II Narayan Narayan II





Our thoughts are the architect of our future, so always think positive





II Narayan Narayan II



Positive thoughts, words and deeds lead to success.



Use right and affirmative (positive) words.



II Narayan Narayan II



The only thing Universe says is- "As you wish" so never playfully utter negative or wrong statements



Our thoughts define our future so always think good and positive.



II Narayan Narayan II



Use the word 'Investment' instead of 'expenditure' and experience abundance in wealth.



Give money happily with the statement that it aids in fulfillment of the work it is being given for, and then it comes back to you in multiples.



II Narayan Narayan II



Choose your words wisely. Speak sweetly, speak softly.



Talk in a pleasant tone and strengthen your relationships.



II Narayan Narayan II





Change in perspective, can change the whole picture.



Change your viewpoint and the scenario will change.



II Narayan Narayan II



Two types of energies exist in every person, place, thing and environment. They are Positive and Negative.



We are capable of activating the positive energy by keeping our thoughts positive.



II Narayan Narayan II





Always aim, towards leading not only a successful but a meaningful life too.





II Narayan Narayan II



Open a 'Care Account" because it works during your lifetime and also after it.



II Narayan Narayan II



Keep smiling because when you smile, your fortune smiles.





II Narayan Narayan II





Express your Love. 船



Give unconditional love.



II Narayan Narayan II



Always believe in Giving.



Give your best to everyone by body, mind and wealth.



II Narayan Narayan II



Whatever you give, comes back to you in multiples so if you wish to be happy then give happiness.



If you want people to appreciate you then you should first start appreciating others generously.



II Narayan Narayan II



Do as much good to others as you can and in every possible manner you can (physically, mentally and monetarily).



Consider yourself only as a medium and not as a doer of every task.



II Narayan Narayan II



Give love and make your life happy.



Fulfill your role in every relationship in the best possible manner.



II Narayan Narayan II



If you get hurt by someone's words, remind yourself that-he is not wrong, only his point of view differs from yours.



Do not let difference of opinion lead to differences in mind.



II Narayan Narayan II



Do not exaggerate anyone's words.



Make forgiveness an integral part of your life. Forgiveness makes one great.



II Narayan Narayan II



Whenever you meet people, meet like a clean brush devoid of old colors (free from old thoughts).



If somebody repeatedly says something to you, search for positivity and imbibe the same in your life.



II Narayan Narayan II



To keep your mind happy, regularly chant the mantra- "I am calm and joyous".



Enjoy every moment of your life.



II Narayan Narayan II



Remember, you are born to become Great..



Embrace appreciation and give up criticism.



II Narayan Narayan II



Live in the present.



People will talk but you do not have to pay heed to these baseless talks and see that you do not waste time in the frivolities.



II Narayan Narayan II



Make gratitude an integral part of your life.



Gratitude opens the door to abundance.



II Narayan Narayan II



Listen to your inner self.



Keep the remote control of your life firmly in your own hands.



II Narayan Narayan II



Humility is an essential part of success. So it is important to increase the humility quotient in your life along with success.



The attribute of humility brings peace.



II Narayan Narayan II





II Narayan Narayan II



Prayer is a form of love.



The prayers you do for others automatically fulfill your wishes.



II Narayan Narayan II



Be caring and ready to serve others.



A person who cares for all and serves is revered and respected.



II Narayan Narayan II



See Narayan in every person.



Consider every meal as Prasad (Offering to God).



II Narayan Narayan II



Our destiny is prewritten by the Lord but our deeds have the power to rewrite our destiny.



II Narayan Narayan II



Mother, father, teachers and saints are personification of God. Never say ill about them.



II Narayan Narayan II



Helping and caring for others increases the positive energy .



II Narayan Narayan II



Give your best to the person who is there with you, at that moment.



II Narayan Narayan II



If you wish to make progress spiritually, the best way is - to develop a caring attitude.



II Narayan Narayan II



Do not envy others because when you get jealous of someone you unknowingly transfer your prosperity into that person's account.



II Narayan Narayan II



Technique in the Shastras to achieve prosperity - love everybody unconditionally.



Accept your faults and Reform



II Narayan Narayan II





Let the people associated with you, know through words and actions that how important they are in your life



II Narayan Narayan II



I am absolutely healthy.





II Narayan Narayan II





I am calm and joyous





II Narayan Narayan II



Thank you Narayan,

I have abundant
wealth, which I
utilize properly.





II Narayan Narayan II



with your blessings, I am positive in thoughts, words and deeds





II Narayan Narayan II





with your blessings, my house is blessed with happiness, peace and prosperity.





II Narayan Narayan II



with your blessings, I am successful in all spheres of life.





II Narayan Narayan II



with your blessings, I am humble, tolerant and contented





II Narayan Narayan II



all my relationships are full of love and faith.





II Narayan Narayan II



with your blessings I always speak truth and follow the right path.





II Narayan Narayan II



with your blessings I visualise divine energy (Guru) in all living beings.





II Narayan Narayan II



with your
blessings my
life is smooth,
simple,
beautiful,
healthy,
successful,
enriched and
meaningful.





II Narayan Narayan II



Narayan Shastra Ke Anmol Vachan

This is a powerful granth which we can consult daily for best guidance in our life and can also use to get answer to all our queries.

Hold the book in your left hand and cover it with your right hand and say your prayer, statement, wish or query. Chant Narayan Narayan. You can also chant Ram Ram 21 and randomly open the book. Read the Mantra written on that page and follow it as it is the message of Narayan for you. It will bring happiness, peace and prosperity in your life.

OUR PURPOSE

Every person is healthy in body, mind, wealth and relationships,

Every house is blessed with happiness, peace and prosperity and

Every person achieves growth, progress and success.

Narayan Reiki Satsang Parivar Contact: 09820122502